

Parihaka Mountain Bike Trails



Mountain Bike Whangarei

Track Grades

- Easy** (Green line): Mostly flat with some gentle climbs on smooth track with easily avoidable obstacles such as rocks and potholes.
- Intermediate** (Blue line): Steep slopes and/or avoidable obstacles possible on narrow track and/or with poor traction. There may be exposures at the track's outside edge.
- Advanced** (Black line): A mixture of long, steep climbs, narrow track, poor traction and obstacles that are difficult to avoid or jump over. Generally exposed at the track's outside edge. Most riders will find some sections easier to walk.

Legend

- P** Parking
- J** Junction
- Track Start Point
- Track End Point
- Forestry Road (All users)
- Roads
- Walking Track
- Park Boundary

Mountain Bikers Code

- #### Respect Others

 - Stay in control
 - Give way to walkers
 - Signal your approach and pass with care
 - Ride shared-use tracks in small groups

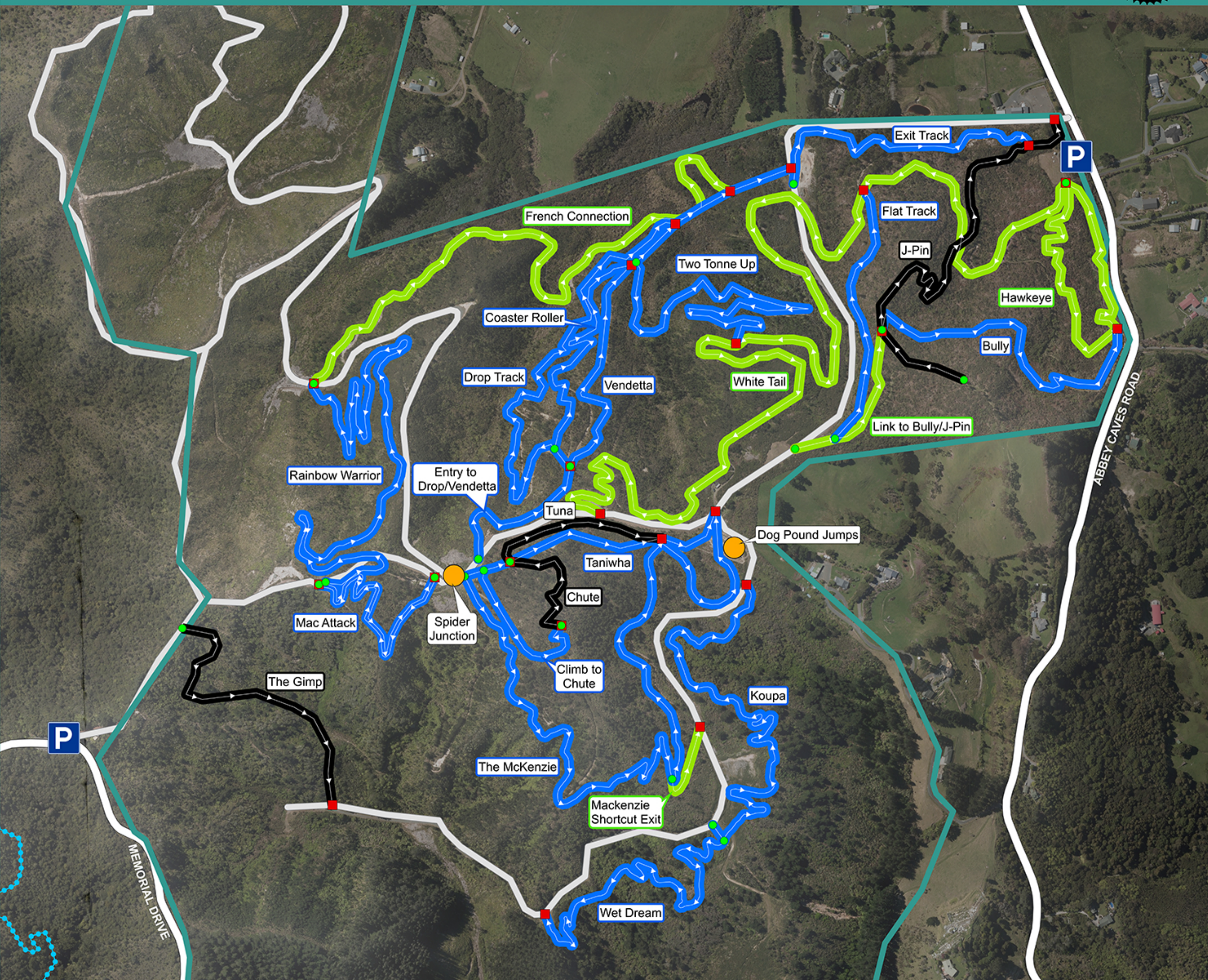
Respect the Track

 - Don't skid, cut corners or make new lines
 - Avoid riding in the mud and rain
 - Take rubbish home
 - Clean your bike to prevent spreading weeds

All park users please note:
 People walking and riding horses please stay off the mountain bike tracks, and keep to the forestry roads.

Whangarei Mountain Bike Club

www.whangareimtb.nz
 For regular club and ride updates head to:
[facebook.com/whangareimtbclub](https://www.facebook.com/whangareimtbclub)
 Please support the club so we can support your trails.



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